


# Armory Senior Center Menu June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Serving days Mon – Fri Hours: 3pm – 4pm \$2.00 Suggested Donation All meals are served with 1% milk. (Meals subject to change)</p>	<p>Funded By: City of Tucson PCOA</p> 		<p>1 Chili con Carne Pinto Beans Tossed Salad Mandarin Oranges</p>	<p>2 Cheese Tortellini Alfredo Carrots Zucchini Applesauce</p>
<p>5 Chicken Fajita Gr. Peppers, Onions Carrot Raisin Salad Pineapple</p>	<p>6 Baked Ham Peas &amp; Carrots Sweet Potato Applesauce</p>	<p>7 Beefy Macaroni Green Beans Stewed Tomatoes Pears</p>	<p>8 Chicken Tetrazzini Sauteed Spinach Salad Mix Orange</p>	<p>9 Tuna Salad Pita Cottage Cheese/Peaches Banana</p>
<p>12 Baked Pork Chop Mixed Veggies Applesauce Rice Pilaf</p>	<p>13 Baked Chicken Red Potatoes Broccoli Normandy Fruit</p>	<p>14 Ground Beef with Onions &amp; Tomatoes Spanish Rice Pinto Beans, Orange</p>	<p>15 Spaghetti Meat sauce Green Beans Tossed salad Pears Garlic Bread</p>	<p>16 Baked Salmon Wild Rice Baby Carrot Peaches</p>
<p>19  Closed for Juneteenth</p>	<p>20 Sweet &amp; Sour Pork Brown Rice Asian Veggies Spinach Salad</p>	<p>21 Chicken Ala King Broccoli Normandy Cucumber Salad Peaches</p>	<p>22 Carne Asada Burro Spinach w/Pinto Beans Zucchini Orange</p>	<p>23 Baked Fish Steak Fries Coleslaw Mixed Fruit</p>
<p>26 Baked Chicken Salad Mix Mashed Potatoes Carrots</p>	<p>27 Beef and Broccoli Rice Asian Veggies Mandarin Oranges</p>	<p>28 Macaroni &amp; Cheese Green Beans Stewed Tomatoes Fruit</p>	<p>29 Meatloaf Garlic Mashed Potatoes Broccoli Fruit Medley</p>	<p>30 Chicken Chilaquilles Salad Mix Pinto Beans Orange</p>